

# "Living Today for a Better Tomorrow"

SAVE  
THE  
DATE!

## 2023 Northeast Healthy Living Expo

Wednesday, November 1, 2023  
9:30 a.m. - 12:30 p.m.

Plainfield High School  
105 Putnam Road  
Central Village, CT 06332

**Early Bird Registration Ends  
October 2, 2023!**

FREE Health Screenings, Information for Seniors,  
Caregivers & Professionals.

For more information please visit:  
[www.SeniorResourcesEC.org](http://www.SeniorResourcesEC.org)  
or call 800-690-6998

**Special Thank you to Plainfield High School!**  
**Presented By:**

Want to be a vendor?  
Scan the QR code!



  
Senior Resources  
AGENCY ON AGING  
the answers you need, resources you can trust  
19 Ohio Avenue, Suite 2, Norwich, CT 06360