



State of Connecticut  
**Department of Aging and Disability Services**  
State Unit on Aging

**TO:** AAA Directors  
**FROM:** Robin Tofil, Associate Research Analyst  
**DATE:** January 19, 2023  
**SUBJECT:** 2023 Poverty Guidelines

Listed below are the 2023 poverty guidelines released by the Department of Health and Human Services. Figures refer to monthly income.

<u>Poverty Level</u>	<u>Single Person</u>	<u>Couple</u>
<i>100% poverty</i>	At or below \$1,215	At or below \$1,643
<i>125% poverty</i>	\$1,216 - \$1,519	\$1,644 - \$2,054
<i>150% poverty</i>	\$1,520 - \$1,823	\$2,055 - \$2,465
<i>175% poverty</i>	\$1,824 - \$2,126	\$2,466 - \$2,876
<i>200% poverty</i>	\$2,127 - \$2,430	\$2,877 - \$3,287
<i>Over 200% poverty</i>	\$2,431 or over	\$3,288 or over

If you have any questions, please contact me by email at [robin.tofil@ct.gov](mailto:robin.tofil@ct.gov).

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