



Caregiver of Children News

7/2022

2022 Child Tax Rebate



The child tax rebate, which was recently authorized by the Connecticut General Assembly and signed into law by Governor Ned Lamont, is intended to help Connecticut families with children. You may be eligible for a child tax rebate of up to a maximum of \$750 (\$250 per child up to three children).

To be eligible for this rebate you must meet all of the following requirements:

- You must be a resident of Connecticut;
- You must have claimed at least one child as a dependent on your 2021 federal income tax return who was 18 years of age or younger; **and**
- You must meet certain income thresholds.

To assist you in determining if you qualify for a child tax rebate, the Department of Revenue Services ("Department") has developed an application. Don't miss our on this opportunity for you and your family to benefit from the child tax rebate!

To apply or for more detailed information, please visit the Connecticut Department of Revenue Services – 2022 Child Tax Rebate website at:

<https://portal.ct.gov/DRS/Credit-Programs/Child-Tax-Rebate/Overview>



This program is supported by Senior Resources – Agency on Aging with Title III funds made available under the Older American's Act.

2022 Summer Bucket List for the Connecticut Mom

Here it is! Our annual Summer Bucket List for the Connecticut Mom! This has become a favorite tradition here at Out and About Mom. Every spring we take a scroll down memory lane (i.e. look back over all our past blog adventures – that's 10+ years of outings!) and select just **50 of our favorite destinations, events and activities in (and around) Connecticut**. We try to pick a wide variety of activities – dipping our toes into all kinds of summertime staples – to help you plan fun outings for your family all summer long. Some are old favorites, and some are new finds. **But they all have one thing in common: we've been there, we've done that, we've loved it, and we think you will too!**

That is what makes this site so unique. We don't just give you a list of places. All our recommendations come with firsthand knowledge and experience! And pictures. So many pictures.

And of course, this list isn't just for moms. It's for dads too. And grandparents and aunts and uncles and nannies and neighbors and anyone else who finds themselves searching for fun activities to do with kids this summer.

This year, get the kiddos involved in choosing your family adventures! Download and print our FREE (and adorable, if we do say so ourselves) summer fun bullet journal page. Whether you fill it out first as an inspiring "to go" list, or use it as a record of your adventures as you have them, we hope this little tool helps you make many summertime memories.

So without further delay, we give you (listed in no particular order) 50 items on our 2022 Out and About Mom Summer Bucket List! We hope you have SO. MUCH. FUN.

1. Climb the mini Hartford landmarks (and go for a spin on the historic carousel) at the Bushnell Park Playground in Hartford. And don't forget to check Bushnell Park's Facebook page for tons of family-friendly events and activities all summer long!
2. Pick your own cherries at Belltown Hill Orchards in Glastonbury
3. Duck under dozens of water-spewing spigots at School Street Spray Park in Agawan, MA. (Opens late June: check their website for updates!)
4. Sink some putts and order up some scoops at Farmington Miniature Golf and Ice Cream Parlor in Farmington.
5. Soar on the tree swing and savor some lobster rolls at Jessica's Garden in Marlborough.
6. Stroll the historic streets with an ice cream cone from Main Street Creamery in Old Wethersfield.
7. Glide through the treetops above dozens of animals on the Skyfari Sky Ride at Southwick's Zoo in Mendon, MA.
8. Motor around the Go Kart track at Sonny's Place in Somers.
9. Reach for the rings while twirling on the Flying House Carousel in Watch Hill, RI.
10. Mark your calendar for the beautiful and delicious (hello, homemade ice cream!) fundraising event, Sunflowers for Wishes at Buttonwoods Farm in July (exact date TBD – stay tuned!) in Griswold.

11. Have a movie night under the stars at the Southington Drive-in. See 2022 schedule here – lots of beloved Disney films this year! (Encanto we're looking at you.)
12. Grab a sweet treat at the Durham Dari Serv, one of the coolest ice cream stands in the state.
13. Fly on the zip lines at Soarin' Indoors in Manchester.
14. Stroll the boardwalk at Ocean Beach Park in New London.
15. Conquer the arcade games at Nomads Indoor Amusement Center in South Windsor.
16. Explore three levels of scientific surprises (and don't forget to visit the playful river otters!) at the EcoTarium Museum of Science and Nature in Worcester, MA. Bonus points for zipping over to The Steaming Tender restaurant for dinner on the train tracks in Palmer, MA.
17. Picnic on burgers and fries (BYO table accessories and outdoor games encouraged!) at historic Harry's Place restaurant in Colchester.
18. Pet friendly chickens, meander through the children's garden and make mud pies in the outdoor "kitchen" at Open Farm Day at Common Ground in New Haven.
19. Pick up some seeds for your garden and a sweet treat at Heirloom Market in Wethersfield.
20. Take a self-guided tour of the animal barns on Horsebarn Hill, then watch ice cream being made (and enjoy a homemade scoop!) at the UConn Dairy Bar in Storrs.
21. Have the book, "Make Way for Ducklings" come alive with a ride on the Swan Boats in Boston's Public Garden in Boston, MA.
22. Feed the goats and sheep at Ray of Light Farm in East Haddam.
23. Enjoy a delicious burger and ice cream at the Riverfront Grill after a round of golf at Hidden Valley Mini Gold in Southington.
24. Investigate the tidal pools at Harvey's Beach, then pop in for a pie at Pizza Works in Old Saybrook.
25. Let the kids be surrounded by butterflies at Magic Wings Butterfly Conservatory & Gardens in South Deerfield, MA.
26. Surprise a friend or family member with a beautiful bouquet of pick-your-own flowers from Petersen Farm in South Windsor.
27. Have a close encounter with Monty the T-Rex and 40 other life-sized dinos along the family-friendly trails, then cool off at New England's largest SplashPad at The Dinosaur Place in Montville.
28. Let your little bundles of energy hand from the rafters (literally!) at the amazing IT Adventure Indoor Ropes Course in New Haven.
29. Plan an all-ages play date at the expansive Kids in Motion Playground, then head up the road for a sweet treat at Sweet Claude's Ice Cream in Cheshire.
30. Dig into a delicious (and scenic) pancake breakfast on the outdoor deck, then hop on the wagon to pick blueberries and raspberries at Rose's Berry Farm in Glastonbury. For the 2022 season, Rose's will start serving Breakfast with a View on Sunday, June 12th and continue through October 9th. Breakfast is SUNDAYS ONLY, from 8:00 am – 1:00 pm. Reservations are not accepted (but credit cards are!)
31. Grab a bite, sample the milk bar (pecan praline milk, anyone?) and round out your meal with a scoop of fresh ice cream at the Farmer's Cow Calfé in Mansfield.
32. Hike to the waterfalls at Wadsworth Falls State Park in Middletown.

33. Beat the heat with an all-day indoor adventure at Urban Air in Orange or Manchester.
34. Climb the walls at Central Rock Gym in Glastonbury.
35. Print our Nature Walk Scavenger Hunt and then take a (kid-friendly) hike through Devil's Hopyard State Park in East Haddam or Earle Park in Glastonbury. Feeling really adventurous? Check out the DEEP's The Sky's the Limit Hiking Challenge!
36. Enjoy fresh picked fruit and an al fresco lunch at Dondero Orchards in Glastonbury.
37. Enjoy a homemade scoop of ice cream as you tour the barnyard at Gran-Va Scoop in Granville, MA.
38. Schedule a visit during animal feeding time at The Children's Museum in West Hartford.
39. Marvel at the painted ponies (and other creatures) at The New England Carousel Museum in Bristol.
40. Bounce and Climb at Fun In Trampoline Park and Indoor Play Place in Middletown.
41. Plan a preschooler playdate at The Lutz Children's Museum in Manchester.
42. Turn an errand into an activity with playful puppets in the produce department (and elsewhere) at Stew Leonard's grocery store in Newington.
43. Make memories and adorable painted figurines (or plates or mugs or vases or...) at Glazed Pottery Painting & Art Studio in Glastonbury.
44. Pick up some fresh produce and local treats at the enormous Coventry Farmers' Market in Coventry.
45. Sign up for "Kids Bowl Free," then hit the lanes (and arcade) at Spare Time in Vernon.
46. Find animal barns, walking trails, a pond, a playground, a nature center and more in the 473 acres of amazing Northwest Park in Windsor.
47. Wander through the award-winning rose garden showcasing more than 120 varieties to admire (peak season is June!) at Mohegan Park in Norwich.
48. Have Christmas in July at Santa's year-round workshop at Yankee Candle Village in South Deerfield, MA.
49. Have dessert for breakfast at The Sloppy Waffle in Newington.
50. Climb inside the cockpits of historic aircraft at the New England Air Museum in Windsor Locks.

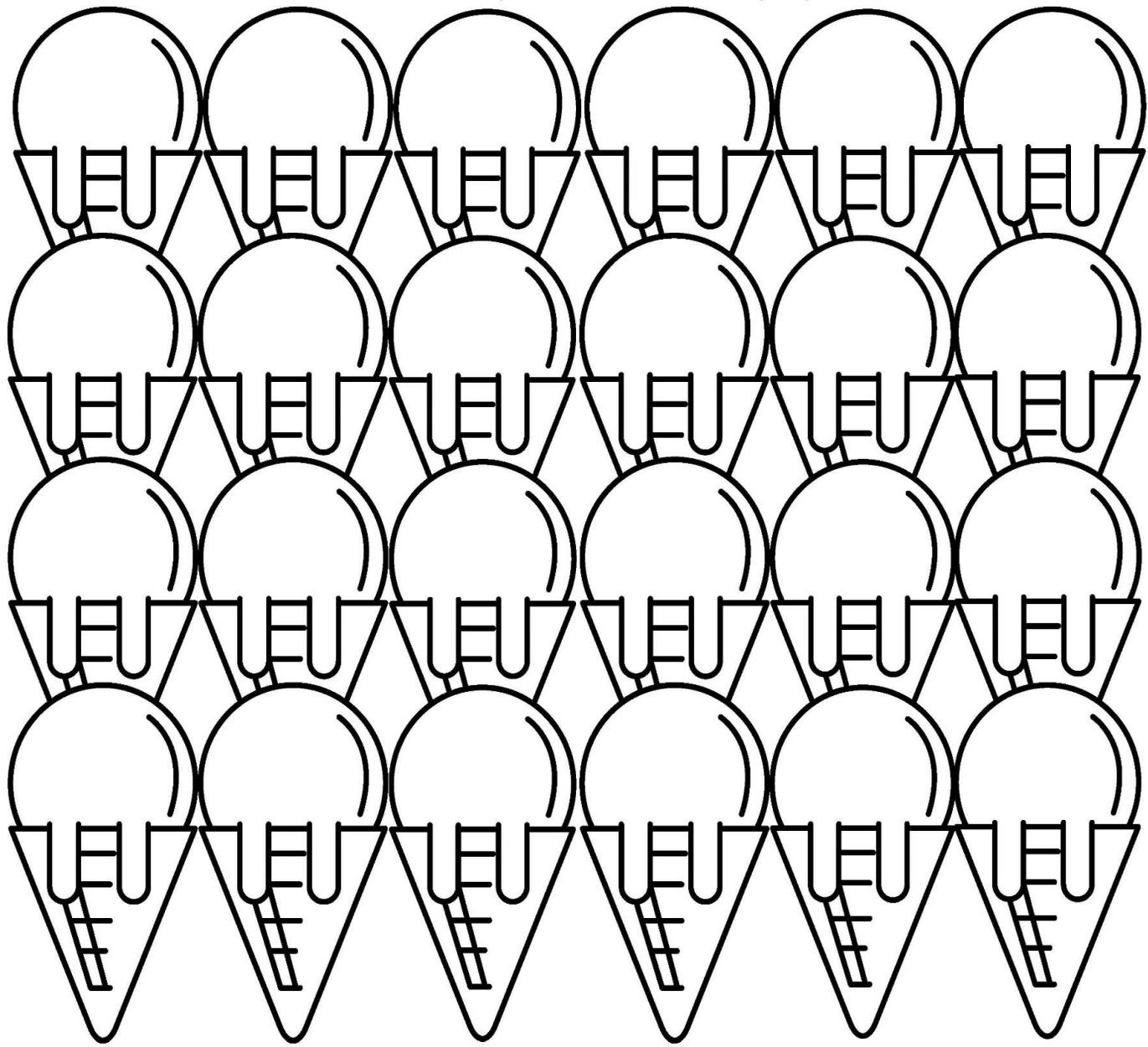
And there you have it! Our 50 picks for the summer of 2022. Of course, we know there are SO MANY more summertime adventures out there. We'd love to hear about your family's favorites! Please feel free to leave a comment on this post and share your own picks with all our Out and About Mom readers!

For more detailed information on these activities, please visit this article at:
<https://www.outandaboutmom.com/2022/05/24/2022-summer-bucket-list-for-the-connecticut-mom/>



SUMMER

So many flavors of fun!



Nature Walk Scavenger Hunt



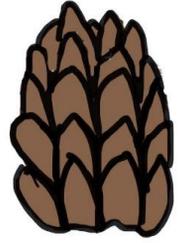
Evergreen



Spider Web



Tree Stump



Pine Cone



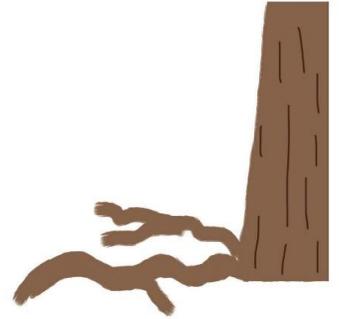
Acorn



Log



Bee



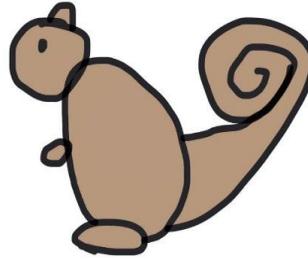
Tree Roots



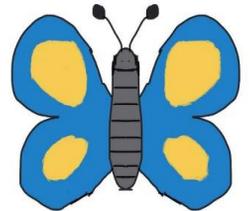
Tree Hole



Rock



Squirrel



Butterfly



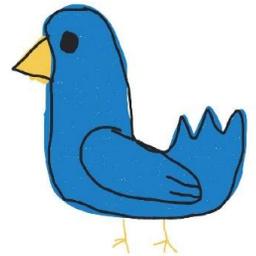
Flower



Ant



Twig



Bird



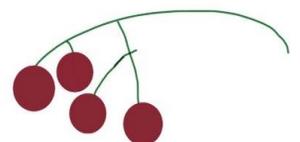
Nest



Puddle

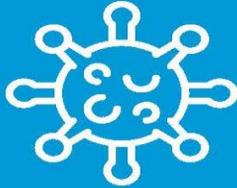


Mushroom



Berry

Stop The Spread



1

Wear A Mask

Keep the covering on your face while out in public.



2

Stay 6 Feet Apart

Keep space between yourself and everyone...everyone.



3

Wash Your Hands

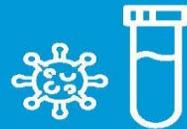
Scrub hands with soap and water for at least twenty seconds.



4

Get Tested

Even if you have no symptoms, testing helps stop the spread.



www.ct.gov/coronavirus



We hope you find this month's edition of our Caregiver of Children newsletter informative.

Senior Resources currently produces a monthly caregiver of children newsletter. We are looking for feedback on any ideas you may have for future editions.

Please contact Sally Huck with any ideas/suggestions or if you wish to be removed from our mailing list.

Sally Huck: SHuck@seniorresourcesec.org or 860 887-3561 x 126.

To read previous editions of this newsletter please visit:
www.SeniorResourcesEC.org/stay-informed/grandparent-newsletter