
THE VETERAN DIRECTED CARE PROGRAM

Offered in collaboration with the Veteran's Administration, Administration on Aging, State Unit on Aging, and the Senior Resources Eastern Connecticut Agency on Aging

What is the Veteran Directed Care Program (VDC)?

The program empowers qualifying Veterans as the employer to hire and supervise their own workers and vendors to help with their daily needs. A AAA Support Broker, will conduct an assessment to determine eligibility and level of need, review guidelines of the program, assist you with the development of a plan of care and provide monthly monitoring. You will be responsible to find and hire your own staff, develop a schedule that meets your needs, monitor hours and sign timesheets, the fiduciary agency will process payroll.

What type of Services are available?

The services that may be available to you are:

- Assistance with personal care such as bathing, dressing, grooming, medication reminders, and bladder and bowel care.
- Assistance with household tasks, such as cleaning, laundry, shopping, and meal preparation.
- Help with home repairs and maintenance such as yard work, pest control and extensive cleaning
- Skilled Nursing Services
- Accompaniment to medical appointments and non-medical transportation
- Consumable medical supplies such as nutritional supplements
- Participation in Adult Day Center
- A rainy day fund for planned savings for services, support or goods that help the veteran to remain at home.

How Does a veteran qualify for the VDC?

The program is based on the veteran's level of need. The level of need is determined by the assessment conducted by the AAA Support Broker. The VA then reviews the assessment and gives the Support Broker the approval to develop a plan of care based on your individualized monthly budget.

How Does One Apply for the VDC program?

Your VA case manager would contact the VA's Care Management Department to make a referral. If you are interested in the program, contact your VA case manager at (203) 932-5711 or ECAAAA at (860) 887-3561.

What Region Does VDC serve?

The Eastern Community Choices Partners serve towns in New London, Middlesex, Tolland, and Windham counties

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Provides an opportunity for Veterans to direct their own care. This service option offers you more personal choice in your homecare services, allowing you to:

- Act as the employer
- Recruit, interview and select your PCA(s). PCAs may be advertised for, or they may be family (non spouse), friends or members of your religious community.
- Design the PCA schedule within the approved spending limit
- Designate duties for the PCA, provide training and supervision
- Manage your personalized service budget in conjunction with a fiduciary agency

The goal of the VDC program is to help maximize independence by providing help with home based care and supplies that are not currently available through the VA.

The Area Agency on Aging (AAA) Support Broker will provide monthly support with care plan and the fiduciary agent will assist with payroll needs. The program is designed to provide flexibility and control to meet your needs by allowing you to hire and manage your own staff.

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The answers you need, resources you can

