

Senior Resources Navigation Notes...



HOME SAFETY TIPS AND UNIVERSAL DESIGN FEATURES



Is your home designed for safety? Use this checklist for suggestions.

ENTRY

- Covered entryway
- Wide and level walkways
- Good lighting outside and inside entryway
- Space for easy maneuvering opening and closing the exterior door
- Double doors with lever handles, easy to use locks & security peephole

KITCHEN/BATHROOM

- Lever faucet handles on kitchen and bathroom sinks
- Touch faucet in kitchen
- Anti-scald device on sink and tub/shower faucets
- Usable countertops while standing or seated
- Non-slip floor in bathtub or shower
- Reachable cabinets in bathroom and kitchen
- Grab bars near tub/shower and toilet



INTERIOR

- Well-lit hallways and stairways secure handrails on both sides of stairways
- Electrical or telephone cords placed along the wall to prevent a tripping hazard
- Remove scatter rugs or secure them to the floor
- Fire/smoke detectors
- Carbon monoxide alarms
 - o Hint - when clocks change for daylight savings time, change batteries in detectors and alarms



EMERGENCY PLANS

- Create an emergency exit plan
- Pack an emergency kit
- Select an agreed upon meeting place after exiting
- Practice emergency exit plan every six months

Want help navigating the system? Call Senior Resources Agency on Aging

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