# WHOM DOES THIS PROGRAM SERVE?

An adult caregiver caring for a family member 60 years of age or older.

A grandparent or other relative caregiver who is 55 or older caring for a child 18 years of age or under.

A grandparent or relative caregiver providing care for an adult child with a disability between the ages of 19 - 59.

Connecticut's National Family Caregiver Support Program is designed to supplement the assistance family members provide to an elder or to a grandchild by providing supplemental services and/or respite care to those with the greatest social and economic needs.

Note: Please contact your local Area Agency on aging for specific details about the financial and functional priorities for this program.



19 Ohio Avenue • Suite 2 Norwich • CT • 06360

NOT ALL SERVICES ARE AVAILABLE IN EACH REGION

## **Area Agency Service Areas**

Senior Resources serves: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Chester, Clinton, Colchester, Columbia, Coventry, Cromwell, Deep River, Durham, Eastford, East Haddam, East Hampton, East Lyme, Essex, Franklin, Griswold, Groton, Haddam, Hampton, Killingly, Killingworth, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Middlefield, Middletown, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Plainfield, Pomfret, Portland, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Westbrook, Willington, Windham, and Woodstock.

North Central CT serves: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, Southington, South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, and Windsor Locks.

**South Central CT** services: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, and Woodbridge.

**Southwestern CT** serves: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford Stratford, Trumbull, Weston, Westport, and Wilton.

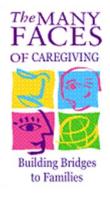
Western CT serves: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Wolcott, and Woodbury.

#### Connecticut's

National Family
Caregiver
Support Program

Provides Services to Caregivers Including:

- Family members caring for relatives ages 60 and older, and
- Grandparents or other relatives aged 55 and older caring for children 18 years of age or under or up to age 59 and disabled



(800) 994-9422

#### WHAT SERVICES DOES THE CAREGIVER SUPPORT PROGRAM OFFER?

**Information**: Providing information to caregivers about available resources;

**Assistance**: Linking caregivers to available services;

Individual Counseling: Assisting caregivers in making decisions and solving problems relating to their caregiving roles;

Caregiver Training: Offering up-todate and relevant caregiver information;

Respite Care\*: Providing caregivers a temporary break from their caregiving responsibilities—such as Adult Day Care and Child Day Care; and

**Supplemental Services\***: Items or services designed to help "fill the gap" when there is a need or there are no other ways to obtain the service or item.

Each caregiver's needs are individually determined after an in-depth assessment conducted by a member of the Family Caregiver Support Team

\* On a Limited Basis

# WHO PAYS FOR THE CAREGIVER SUPPORT PROGRAM?

Connecticut's National Family Caregiver Support Program is funded by Title IIIE funds under an amendment to the Federal Older Americans Act. It is operated in partnership with the State of Connecticut Department of Social Services, Aging Services Division and the five Connecticut Area Agencies on Aging.

A sliding fee scale is utilized to determine recommended cost sharing for respite and supplemental services based on the care recipient's monthly income.

Voluntary donations are also encouraged from families who have income greater than the federal poverty level.

There are two options of care available:

Traditional Respite Services - caregivers will receive respite care through a licensed service provider such as a skilled or non-skilled service agency

Self Directed Care - allows caregivers to select, hire and supervise individuals other than a spouse or conservator to provide respite care. This option provides more flexibility in the selection and delivery of service.

Connecticut's Area Agencies on Aging are private nonprofit organizations which serve the needs of older persons as a focal point and resource center for information, program development, and advocacy.

## YOUR REGIONAL AREA AGENCY ON AGING

To reach the agency nearest you call toll-free in-state: 1-800-994-9422. You may also call outside your region or visit an agency website:

Senior Resources—Agency on Aging 19 Ohio Avenue, Suite 2 Norwich, CT 06360 (860) 887-3561

www.seniorresourcesec.org

North Central Area Agency on Aging 151 New Park Avenue, Box #75 Hartford, CT 06106 (860) 724-6443 www.ncaaact.org

Agency on Aging South Central 117 Washington Avenue, Suite 17 North Haven, CT 06473 (203) 785-8533

www.aoapartnerships.org

Southwestern CT Agency on Aging 10 Middle Street Bridgeport, CT 06604 (203) 333-9288

www.swcaa.org

Western CT Area Agency on Aging 84 Progress Lane Waterbury, CT 06705 (203) 757-5449

www.wcaaa.org